MY LIFE STORY

SO FAR

A journal of personal history, unforgettable people, and the details—big or small—that have shaped my life.

You don't have to be a professional memoirist or a celebrity with a generation's autobiography to write about your life. Combining this journal is a unique way to gather and record your own beautiful story, surprising, or heart-warming experiences and events.

The journal is divided into nine sections, each corresponding to a different aspect of your life. Each section begins with a question for you to include a picture, with photo corners provided for mounting them, followed by prompts to guide you as you write daily, monthly, and yearly.

Do you have something to share that's too long to fit in the space provided? Maybe a question sparks additional memories we didn't ask about? At the bottom corner of each page is a place to indicate that there's more on that topic or story. With one page at the end of each section.

Because your own experiences are unique, not every question in the book may fit your circumstances perfectly. Feel free to modify the questions or write one of your own! This is your life story, after all, so customize it in whatever way you like.

More than anything, this book is a personal way for you to share facts and experiences that have shaped your life, until now that may not come up in everyday conversations, and share wisdom you've gained. This is meant to be a fun and contemplative record that can become a family treasure that you, your children, or your grandchildren will cherish for years to come.